



Members Information Handbook

Updated 2023-2024 Season

Maidstone Minor Hockey Association

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Purpose

This handbook aims to communicate openly the goals and direction for the Maidstone Minor Hockey Association (MMH) set by its Board of Directors. The Board can update the handbook with an approved motion at any board meeting. The handbook is intended to create a communication method for all stakeholders of MMH and a consistent reference for policies, procedures, and best practices.

Mission Statement

Maidstone Minor Hockey Association will encourage, develop and promote all players for the betterment of their physical, mental and social well being through the sport of hockey.

Hockey Sask Divisional Value Statements

MMH promotes the divisional value statements from Hockey Saskatchewan to serve as guidance in the development of programs and services to each age division.

Under 7 (U7) “Fun and fair for everyone, U7 players will focus on introductory individual skills in a group setting with little to no focus on competitive games.”

Under 9 (U9) “Through a learn through fun environment, U9 players will focus on the development of fundamental skills with the introduction of individual tactics and team play at all positions.”

Under 11 (U11) “Improved skill by improving self-confidence, U11 players will focus on the development and refinement of fundamental skills while introducing team concepts.”

Under 13 (U13) “Progressive and inclusive, U13 players will focus on continued skill development while increasing the emphasis on team play and tactics. Programs are designed for recreational and competitive league play.”

Under 15 (U15) “Through consistency and commitment, U15 players will focus on skill development & reinforcement as well as team tactics and how the role as an individual plays a part in team success. Programs are designed for recreational and competitive league play.”

Under 18 (U18) “All encompassing, U18 players will focus on skill reinforcement and utilizing individual strength for the success of the team. A culture of teamwork, work ethic, and competition is paramount while balancing the need for recreational, competitive and elite league play to ensure a sustainable program.”

The Board of Directors

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Female Hockey REP:

Brianne Schwartz
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Fees and Bond Cheques

Ages as of December 31, 2023

2023-2024 Registration Fees:

Pre-initiation → U5 (3 and 4 year olds)	U5 \$275
Initiation → U7 (6 years old and under)	U7 \$425
Novice → U9 (8 years old and under)	U9 1st Year \$485, 2nd Year \$585
Atom → U11 (10 years old and under)	U11 \$585
Peewee → U13 (12 years old and under)	U13 \$585
Bantam → U15 (14 years old and under)	U15 \$625
Midget → U18 (17 years old and under)	U18 \$625

Two bond cheques post dated to December 1, 2023.

1. Kitchen bond cheque for \$500 (one per child)
2. Grocery fundraiser bond cheque for \$500 (one per family).

To opt out of the Grocery fundraiser: \$300.00

*Before the player steps on the ice, all fees must be paid or arrangements made with the Treasurer and all bond cheques handed in. No exceptions!!

*We are very aware that not everyone has cheques these days, so in order to bring bond cheques for fundraising and kitchen shift work, you can go to the bank and ask for a few counter cheques. These cheques will only be cashed if you fail to complete your fundraising or do not show up for your kitchen shifts. Failure to sell \$2,000.00 worth of vouchers by March 31, 2024 will result in your grocery fundraiser bond cheque being cashed. Also, failure to show up for your kitchen shifts or to hire someone for your shifts will result in your kitchen bond cheque being cashed.

*Fees can be paid by cash, cheque or e-transfer to maidstonejets18@gmail.com Please set this up in your account as Maidstone Minor Hockey Fees as we don't want player fees being sent to our fundraising account. Be sure to include your child/children's name(s) in the memo if sending an e-transfer.

Fundraisers/Volunteerism

All hockey families are expected to contribute throughout the year with the various fundraisers. Funds go to our organization, support our arena, and help keep our hockey fees low.

1) GROCERY VOUCHER FUNDRAISER

Grocery Vouchers are Maidstone Minor Hockey's main fundraiser. Each family is required to sell a minimum of \$2000.00 worth of vouchers from April 1, 2023, through to March 31, 2024. If you reach your required amount of vouchers, you can continue to purchase and sell them as they support our organization. The vouchers are sold dollar for dollar. i.e. – a \$20.00 grocery voucher will only cost you \$20.00. MMH makes between 3% to 5% from these coupons.

Grocery Vouchers are available from **Sobeys, Safeway, AG Foods, Superstore, Shoppers Drug Mart, Video Junction, Lloydminster CO-OP, and No Frills**. The vouchers are good for groceries and whatever other products these establishments sell. You may sell your vouchers to anyone. Grandparents, Aunts, Uncles or friends are great resources for this fundraiser. There is a **\$500.00 Fundraiser bond cheque** that will be collected and post dated for December 1, 2023. Failure to sell \$2000.00 worth of vouchers will result in your cheque being cashed.

Please contact the Fundraiser Coordinator Jocelyn Warkentin to purchase your vouchers.

You can call or text her at **306 893-7007**

2) KITCHEN SHIFTS

Every family should anticipate working several shifts at the arena kitchen throughout the year. If you are unable to work it, there is a list of people that you can hire out for the standard \$40/shift. Check the Arena Facebook page for updates on workers and their contacts.

There will be a **kitchen bond cheque** post dated to December 1, 2023, for \$500. One per child. Failure to work your shift or hire out your shift will result in the cheque being cashed.

3) MINOR HOCKEY DAY

Minor Hockey Day is an important fundraiser for Maidstone Minor Hockey and it showcases our players. This is a day when all of our minor hockey teams have the opportunity to play on home ice, and then watch our Senior Jets team play. Thanks to the wonderful support of our community and hockey teams, we are usually able to give the local food bank a truck box full of food and a nice cash donation. This has been a huge success in the past and we want to continue to educate our children about the importance of giving to those less fortunate. In order to pull off such a big day, we need a lot of volunteers to help the day go smoothly and to help generate the sponsors for the prize tables, etc.

4) TEAM JOBS

Each team will have a list of jobs that parents need to help out with throughout the year. From volunteering to be the manager of the team, to helping with jerseys and tournaments, these roles are vital to the functioning of the team. Please sign up for a job at your first team meeting. These jobs include Head Coach, Assistant Coach(es), Trainer(s), Manager, Tournament Coordinators, Minor Hockey Day Reps, Jersey Coordinator, Arena Fundraiser Coordinators, and Kitchen Coordinator.

Tourney Coordinators: These volunteers are responsible for the planning and organization of the home tournament with help from the manager. This includes the prize table, gifts for all the away and home players, and medals/trophies.

Minor Hockey Reps: These volunteers will help the executive in charge of Minor Hockey Day in finding, collecting and thanking sponsors, and participating in setting up, helping with the prize tables and take down.

Jersey Coordinator: This person will be in charge of the team's jerseys for the season. This includes bringing them to each game and handing them out to players, washing them after use, and keeping track of who has which jersey.

Kitchen Coordinator: This volunteer will work with the Arena Kitchen Rep (Tracey Pratt) and schedule times for the team to help in the kitchen and communicate this information to the team.

Arena Fundraiser Volunteers: Every year, the arena has a fundraiser to help with the costs of running the building. The Arena fundraiser volunteers will assist with this fundraiser.

In addition, at every home game, there will be parents who must work the following:

Scorekeeper: records who scores and what time they score and details of the penalties. The scorekeeper is also responsible for all announcements and music playing during stop time.

1. The scorekeeper must get the score sheet signed and filled out by both teams.
2. Once filled out, the refs sometimes want to see the sheet so they can count players, etc.
3. You as the Scorekeeper need to sign it.
4. After the game, the refs will need to sign it.
5. Hand to the manager once completed. The manager of the team will have instructions on how to fill out the sheet and be responsible for scheduling the parents for the positions.

In **U9**, there will be a **5-goal per player limit per game**. This will be in effect for all regular season and playoff games. Regulation time only. Overtime and shootout do not count. If a player goes over the 5 goals the following will happen:

1. 6th goal- the goal will be disallowed, and the faceoff will go back into the offending teams end
2. 7th and future goals- the goal will be disallowed. The offending team will receive a 2-minute Delay of Game penalty. The faceoff will go back into the offending team's zone

Clock: This person is responsible for setting up the clock before the game, and keeping time during the game. They also input the timed penalties. There are instructions in the sound booth on how to do this.

U7 and U9: Shifts are 2 minutes. The buzzer/stop time should go off every 2 minutes to signal the end of a players shift. Information on how to organize the game at this age group can be found here: <https://hockeysask.ca/players/half-ice-u9>

There is also a PDF for U9 Guidelines on the STEP league website under Forms.

U11, U13, U15 and U18: 3 - 20 minute periods.

Straight Time: (No stopping the clock)

U9, U11, U13: If there is a 7-goal differential, the trailing team may request straight time. The request may be made at any time after this. If the game goes to straight time it will NOT return to stop time regardless of the score. If there is a 10-goal differential, the game must go to straight time and will not revert back to stop time regardless of score.

U15 and U18: If at any time in a game there is a 7-goal differential, then the game must go to straight time and will remain straight time for the rest of the game regardless of the score.

Penalty box: This person opens and closes the door for the players entering or exiting the penalty box. They also feed the mic to the ref to say who scored. It is very important to keep communication with the scorekeeper in the sound booth. They also keep track of penalties and when to allow them out if the clock is not working properly, or if there are more penalties than space on the clock.

50/50: Please get the 50/50 box from the kitchen. There will always be a float of \$60. This person should at least go around twice to all spectators including the warm room. \$5 a ticket or 3 for \$10. In the third period, go to the sound booth and pull a number. The scorekeeper announces it. After the game, the 50/50 person should hand the earnings to their manager.

5) ARENA FUNDRAISER(S)

Usually, the Arena Board will have one or two fundraisers to help with the upkeep of the arena. There are numerous roles to help with that vary from year to year. Your manager will give you more information when the details are finalized.

2023-2024 Important Dates

September

- 13 Last day to register for hockey without late fee penalties

October

- 1 S.T.E.P Fall Meeting
- 1 Registration opens for CANWAYS
- 7 Team Job Deadline. Submit to Registrar
- 10 Manager's meeting at 7 pm
- 10 S.T.E.P scheduling meetings begin
- 22 Ref Clinic
- 23 1st Day of Practices
- 24 Power skating
- 27 U15 & U18 Seasons Start
- 28/29 CANWAYS (Canadian Ways Hockey Skills & Development Camp!)

November

- 1 Carded Teams and Provincial Teams can now register
- 1 Affiliation form deadline. Submit to the Registrar. Changes can be made up to January 10, 2024
- 2 Hockey Pictures
- 4 Female Camp - Turtleford. NO U9 or U11 games
- 4 U13 1st Tiering Pod
- 5 U11 1st Tiering Pod
- 11 U13 2nd Tiering Pod
- 12 U13 2nd Tiering Pod
- 13 Manager's meeting at 7 pm
- 15 Last day to register a Carded Team
- 15 U9 Opens for Exhibition Games
- 17 U11 & U13 Seasons Start
- 18 U9 1st Tiering Pod
- 18/19 U13 Home Tournament
- 21 Power Skating
- 24/25 U11 Home Tournament
- 25 U9 2nd Tiering Pod

December

- 30-4 Sask First. U15 can not book games
- 1 U7 Opens for Games
- 1 U9 Opens for Tournaments
- 1 Last day to register a Provincial Team
- 1 Final date to submit carded team rosters
- 2 U9 Home Tournament
- 3 Female Jamboree - St. Walburg. NO U9 or U11 games
- 8-10 Carded weekend
- 11 Manager's meeting at 7 pm
- 15 Final date for any TEAM OFFICIAL to be removed from a team roster
- 15 Deadline to submit Female U13 Provincial Team Registration Forms
- 19 Power Skating
- 20 Deadline to submit Minor Provincial Team Registration Forms
- 20 Date by which all team officials must have obtained the appropriate coaching credentials as per Hockey Saskatchewan minimum coaching certification guidelines
- 28-30 Sask First. U15 can not book games

January

- 1 U9 Season Starts
- 8 Manager's meeting at 7 pm
- 10 Final date for players to be released and be eligible to register with another team
- 10 Final date by which additions can be made to any affiliation list
- 12-14 Carded Weekend
- 16 Power skating
- 20 Minor Hockey Day
- 27/28 Female Festival - Paradise Hill hosted by Hockey Sask. NO U9 or U11 games

February

- 1-5 Sask First. Male U18, Female U18, Female U16
- 12 Manager's meeting at 7 pm
- 16-18 Carded Weekend

March

- 11 Manager's meeting at 7 pm
- 22-24 Carded Weekend

Important Information

*Please refer to Hockey Saskatchewan, S.T.E.P League, and the MMH Constitution for full regulations.

1) REGISTRATION

No one on the ice without being registered. This is an important rule from Hockey Saskatchewan due to insurance.

2) MMH SOCIAL MEDIA POLICY

Comments, remarks, photos, or videos of an inappropriate nature that are detrimental to a Team, the Association, or an individual will not be tolerated and will be subject to disciplinary action.

What constitutes social media?

This policy will encompass public communications including posting pictures and videos through such internet platforms as Twitter, Facebook, Instagram, Google+, LinkedIn, Snapchat, WhatsApp, TeamLinkt, texts and any other social media network that allows users to communicate online as well as other forms of electronic communication, but not limited to, methods such as texting and instant messaging.

To whom does this apply?

The policy will apply to all members of the Maidstone Minor Hockey community, including parents, team officials, referees, executives, and players. They are each responsible for what they post on social media sites.

What are Social Media infractions?

The following are examples of conduct through social media and networking mediums that are considered violations as per Hockey Saskatchewan.

1. Any statement deemed to be publicly critical of Association officials or detrimental to the welfare of a member team, the Association, or an individual.
2. Divulging confidential information that may include, but is not limited to the following:
 - a. player injuries;
 - b. trades or other player movements;
 - c. game strategies; or any other matter of a sensitive nature to a member Team, the Association or an individual.

3. Negative or derogatory comments about any of the team, Minor Hockey Association, league and/or Hockey Saskatchewan staff, programs, stakeholders, players, or any member of a Hockey Saskatchewan Team.
4. Any form of bullying, harassment, intimidation, or threats against players or officials.
5. Photographs, videos or comments promoting negative influences or criminal behavior, including but not limited to: drug use, alcohol abuse, public intoxication, hazing, sexual exploitation, etc.
6. Online activity that contradicts the current policies of Hockey Saskatchewan or any of its member Associations.
7. Inappropriate, derogatory, racist, or sexist comments of any kind, in keeping with the Hockey Saskatchewan policies and regulations on these matters.
8. Online activity that is meant to alarm other individuals or to misrepresent fact or truth.

Should the identity or image of any member MMH community be used in social media and networking without the individual, team or Association authorization, this is considered to be identity theft. Please notify MMH immediately.

Discipline

MMH will investigate reported violation(s) of this policy in the manner set out in the Hockey Saskatchewan Handbook. If the investigation determines that a violation has occurred, MMH will impose an appropriate suspension and/or fines. Any appeal of the suspension will be dealt with as set out in a Minor Hockey Association, S.T.E.P and/or Hockey Saskatchewan Handbook. If social media incidents can not be dealt with by MMH, MMH may turn over the files to the RCMP.

Summary

When using social media and networking mediums, the MMH community should assume at all times they are representing MMH. All members should remember to use the same discretion with texting, instant messaging, all social media platforms and networking as they do with other traditional forms of media.

Use your best judgment at all times-pause before posting or sending. Once your comments are posted or sent, they cannot be retracted. Ultimately, you are solely responsible for your comments.

3) FAIR PLAY EXPECTATIONS

FAIR PLAY – MMH recognizes that with the essence of FAIR PLAY that players (children) still enjoy winning more than losing but we believe there is “room for both.”

Winning at all costs is not condoned, nor encouraged.

Regular league play is for everyone and coaches should give all players fair playing time. Provincial playdowns will/may be treated differently (as a championship team) and the stronger players in any one age group registered with the MMH hockey teams, or with other centers where teams are combined may be “allowed” an increase in ice time. Where there are two goalies on the team, the goalies must be given equal playing time. i.e. goalie 1 starts game 1, goalie 2 starts game 2, etc.

4) AFFILIATIONS RULES

The player is used only for the replacement of sick, injured, suspended, or otherwise missing skaters. The coach must first obtain permission from the manager and then speak to the player and his/her parents. Hockey Saskatchewan rules and regulations concerning affiliated players must be strictly observed, and the player may only play the maximum number of games allowed by Hockey Saskatchewan.

5) DISAGREEMENTS

After an altercation, there must be a 24-hour “cool down” period for the people affected. Grievances will only be accepted in writing and 24 hours must have passed since the original incidence has occurred. There are to be no team parent meetings dealing with grievances without an executive member present to mediate the meeting.

6) INSURANCE

Hockey Canada Injury Reports can be located on the website www.hockeysask.ca. Please make sure to alert the MMH as well.

Go to Members, Insurance, How to Make an Insurance Claim. Hockey Canada is strictly a secondary provider.

Injury Reports must be received by Hockey Saskatchewan within 90 days of the injury. You then have up to 1 year from the date of the injury to submit any expenses.

All claims must be submitted to your primary insurance provider if you have one. You can then submit your expense along with an Explanation of Benefits to Hockey Saskatchewan.

7) TEAM MONEY POLICY

MMH Policy on team money is as follows:

1. Each team is given \$750 to use for tournament expenses.
2. The proceeds from the prize table are split 80% to MMH, and 20% for the team.
At the end of the season, this money as well as the accounting sheet must be submitted to the treasurer by March 30, 2024.
3. 50/50 proceeds go to the team.
4. The team money collected from the prize table and the 50/50 can be used for the following:
 - a. Tournament fees
 - b. 1 year-end party
 - c. Buses for transport
 - d. Medals
 - e. Trophies

*Money can not be used for any team swag.

*It is expected that whatever is left over at the end of the year from your team profit should be donated back to the MMH. Please remember we are a non-profit organization and the money should only be used for what is necessary.

If ever you have any question or needing clarification, please discuss with a member of the Executive.

Miscellaneous

1) GAME SOCKS/TEAM JERSEYS/TEAM EQUIPMENT:

New players to MMH receive a free pair of game socks. If another pair of socks are needed, they are \$30.

Contact the Equipment Coordinator Becky Makin @ 306-893-7737.

2) REFFING:

Contact (Position to be filled) or maidstonehockeyref@gmail.com

3) SKATE SHARPENING:

Travis Hutchison 780 872-4170

Al Grimley 306 893-7333

Clayton Klein 306 893-8222



Notice of Video Services

Maidstone Arena has recently installed Live Barn services on the Skating Rink. These services provide online streaming access to events happening at the Arena, such as Hockey Games, Skating Carnivals, and anything else happening on the ice surface.

The system is automatic, and is active whenever there is activity on the ice, unless manually disabled. Requests to disable the service or make an ice session private can be directed to a member of the Maidstone Arena Board, or a member of the board of your user group.

The events can be viewed by anyone with a subscription to Live Barn's streaming services, live, or on demand for up to 30 days. These services also allow a subscriber to view events at rinks all over North America, including nearly 40 venues and 60 ice surfaces accross Saskatchewan.

Maidstone Arena is a LiveBarn Venue. If you can't make it to the rink, you can still stay connected by watching all events Live and On Demand.

10% DISCOUNT - PROMO CODE: maid-ston

This promo code, when applied to your subscription, will give you a 10% discount, as well as pay 30% back to the Maidstone Arena.

LiveBarn is a subscription service that allows you to watch events Live or On Demand for 30 days. Your subscription allows you to watch streams from any LiveBarn-installed venue across the US & Canada.

- Save and share 30-second highlights
- Download entire games/practices
- Tag highlights while watching live, in-venue

Existing subscribers can update their profile to our venue's promo code.

For more information, visit livebarn.com. Download the [LiveBarn iOS App](#) for easiest mobile viewing or the LiveBarn tvOS on AppleTV for home theatre viewing.

If you have any questions or concerns, please contact the **President** (Shawn).

Codes of Conduct

12.1 Guidelines for Coaches

Rules and Regulations are as follows:

1. The coach shall not assume the manager's responsibilities unless the manager is absent.
2. M.M.H.A. endorses the National Certification Program.
3. No tobacco products, e-cigarettes, vaping, smoking, or offensive language on the ice, in the box, or the dressing room.
4. Alcohol consumption will not be tolerated at any league or team functions – before, on ice, or after the game in the arena while representing M.M.H.A.
5. The use of illegal drugs could result in a suspension for a minimum of one (1) year.
6. Coaches are responsible for enforcing the team's rules, discipline, and behavior.
7. Coaches must become thoroughly acquainted with league and association rules and regulations.
8. Arrange for a meeting before the season starts to go over the objectives, goals, conduct codes and expectations for the season. Coaches must attend all meetings with the team and parents when required.
9. Coaches must attend all practices and games. If not able to participate, arrange for a registered assistant coach to take charge.
10. Coaches must assume responsibility for the conduct of players and team officials during practices and games. If not able to attend, arrange for someone to take charge.
11. Coaches should be aware that any games or practices are under the coach's control or his designate.
12. Coaches must set a good example in action and dress for the team.
13. Coaches must see that each player has the proper equipment.
14. Coaches will be responsible for communicating with the Team Manager.
15. Coaches will choose affiliate player(s) by the deadline.
16. Coaches will obtain league schedules from Team Manager.
17. Coaches will advise players of game times and what time they are expected to be at the rink.
18. Coaches will be aware of any medical problems with players and seek medical treatment if needed.
19. Coaches must abide by Association Constitution.
20. A coach and assistant coaches may only coach one team in a given year unless approved by the M.M.H.A.
21. All coaching staff must work together for the betterment of the team.

22. Before players are allowed on the ice, at least one coach must be on the ice and all Zamboni gates are properly shut.
23. In the absence of a Team Manager, the Coach will assume the manager's responsibilities.
24. Coaches and the Team Manager should be voted upon by the team's parents when there is more than one (1) volunteer. There is only one vote per family, regardless of marital status.
25. ALL persons conducting a practice must be registered with M.M.H.A. and Hockey Sask.
26. FAIR PLAY – M.M.H.A recognizes that with the essence of FAIR PLAY, players obviously enjoy winning more than losing, but as an organization, we believe there is "room for both." Regular league play is for everyone, and coaches should give all players fair playing time and equal instruction and support regardless of abilities. Winning at all costs is not condoned nor encouraged.
27. Provincial playoffs may be treated differently, and the stronger players in any one age group registered with the M.M.H.A. hockey teams or with other centers where teams are combined may be "allowed" an increase in ice time.
28. Coaches will be responsible for keeping their team on the ice at the respective bench until the referee permits them to leave.
29. Understand that coaches are not required to discuss any issue with parents until the 24-hour cooldown period has occurred.
30. Coaches are to never ridicule or yell at any players or officials for making mistakes or performing poorly.
31. IT MUST BE NOTED THAT PLAYERS CAN ONLY PLAY TO THE BEST OF THEIR POTENTIAL. COACHES NEED TO EVALUATE PLAYERS ON A PLAYER-BY-PLAYER BASIS, NOT ON A PLAYER-TO-PLAYER BASIS. PLAYERS SHOULD BE RECOGNIZED FOR PLAYING THEIR BEST!

12.02 Volunteer's Code

1. Expect no special rights or privileges because you are a volunteer.
2. Understand that even though you may not agree with all the M.M.H.A policies or practices as a representative of the organization, you have an obligation to support them publicly and always abide by them. If you do not agree with them, you can work within the system to have them changed.
3. Accept that because you are a representative of the M.M.H.A., your positive or negative actions reflect on all the other volunteers of the organization.
4. Base your decisions and actions on what is best for the majority of hockey players while respecting their rights as individuals.
5. Be prepared to listen and respond to any concerns.
6. Be prepared to listen to ideas from other people, even though they may differ from your own.

7. Judge ideas on their own merit and the benefit they can bring the hockey player and do not fall back on “But they have always done it this way.”

12.03 Parents Code

1. Do not force an unwilling player to participate in sports.
2. Remember that participants should be involved in organized sports for their enjoyment.
3. Encourage your child to always play by the rules.
4. Teach your child that honest effort is as important as a victory and that if you give your best, then you have won, regardless of the score.
5. Turn defeat to victory by helping your child work toward skill improvement and good sportsmanship. Never ridicule your child or yell at any player for making a mistake or losing a competition.
6. Congratulate your child on honest effort and skill improvement, not just goals and assists.
7. Remember that players learn best by example. Applaud good plays by either team.
8. Do not publicly question the official's judgment and never their honesty.
9. Respect and support for players, coaches, officials, volunteers, and other parents are expected.
10. Actively support all efforts to remove verbal and physical violence from hockey.
11. Recognize the value and importance of volunteers. They give their time and resources to provide recreational activities for your child.
12. Make an honest effort to attend all games. You are welcome to attend the practices.
13. Have players at the rink at the time specified by the coaches before all practices and games. In the essence of FAIR PLAY it is only fair if your child puts in the same amount of effort and, to a degree, time as the other players on the team. i.e., player 1 misses (unexcused) practices; however, make all games, etc.
14. Understand that coaches are not required to discuss any issue with parents until the 24-hour cooldown has occurred.
15. Coaches and the Team Manager should be voted upon by the team's parents when there is more than one (1) volunteer. There is only 1 vote per family, regardless of marital status.
16. Any form of bullying, harassment, intimidation or threats against players, or bench staff, or officials is strictly forbidden.
17. Photographs, videos, or comments promoting negative influences or criminal behaviour, including but not limited to: drug use, alcohol abuse, public intoxication, hazing, sexual exploitation, etc. in keeping with the Hockey Saskatchewan and M.M.H.A. policies and regulations.

18. Inappropriate, derogatory, racist or sexist comments of any kind are forbidden in keeping with the Hockey Saskatchewan and M.M.H.A. policies and regulations.

12.04 Player's Code

1. No tobacco products, e-cigarettes, vaping, smoking, or offensive language on the ice, in the box, or in the dressing room.
2. Alcohol consumption will not be tolerated at any league or team functions – before, on ice, or after the game in the arena while representing M.M.H.A.
3. The use of illegal drugs could result in a suspension for a minimum of one (1) year.
4. Play for the "fun of it."
5. Play by the rules.
6. Never argue with the officials' decision. Let your captain or coaches ask any necessary questions.
7. Control your temper. No "mouthing off" or throwing tantrums, breaking or throwing sticks, or other equipment.
8. Work equally hard for yourself and your team.
9. Be a good sport, and cheer all good plays. Show some class.
10. Treat all players as you would like to be treated on or off the ice. Don't interfere with, bully or take advantage of any player.
11. Remember that the game's goals are to have fun, improve your skills, and feel good about yourself.
12. Cooperate with your coach, teammates, officials, and opponents.
13. The use of illegal drugs, alcohol, and all tobacco products (including vaping and ecigarettes) will not be tolerated while in the dressing room, on the ice, or while representing the M.M.H.A. The use of these substances could result in disciplinary action.
14. As representatives of M.M.H.A. in provincial Playoff Rounds, it is expected that players comply with a dress code as discussed with the team coach.
15. Any form of bullying, harassment, intimidation, or threats against players, bench staff, or officials is strictly forbidden.
16. Photographs, videos, or comments promoting negative influences or criminal behaviour, including but not limited to: drug use, alcohol abuse, public intoxication, hazing, sexual exploitation, etc., in keeping with the Hockey Saskatchewan and M.M.H.A. policies and regulations.
17. No phone use in locker rooms, excluding music playing. Please refer to M.M.H.A. Social Media Policy or Hockey Sask Social Media Policy.
18. Inappropriate, derogatory, racist, or sexist comments of any kind are forbidden in keeping with the Hockey Saskatchewan and M.M.H.A. policies and regulations.

12.05 Team Officials Code

1. Understand that you have an obligation to abide by the policies of M.M.H.A. and that failure to do so could result in a loss of coaching privileges.
2. Make sure that your players understand and abide by the PLAYER'S CODE.
3. Make sure that your player's parents understand and abide by the PARENT'S CODE.
4. Be reasonable in your demands on the player's time, energy and enthusiasm. Remember that they have other interests and being able to pursue these interests, as well as hockey, will help them maintain their enthusiasm and make them better hockey players.
5. Teach your players that the rules of the game are mutual agreements which no one should evade or break. Without them, there would be no game.
6. Remember that participants play for fun and enjoyment and that winning is only part of it. Never ridicule or yell at the player for making a mistake or losing a competition.
7. Develop team respect for the ability of their opponents, as well as for the judgment of the officials and opposing coaches.
8. Follow the advice of a physician when determining when an injured player is ready to play.
9. Remember that players need a coach that they can respect. Be generous with your praise when it is deserved and set a good example.
10. Make a personal commitment to keep yourself informed on sound coaching principles of growth development in children. Attend all clinics and functions, if required by Hockey Saskatchewan, which M.M.H.A. which may hold from time to time.
11. Treat the players as you would like to be treated.
12. Do not lower yourself to the level of fans or other coaches who throw tantrums, use profanity or make a spectacle of themselves by abusing the game officials and players.
13. Coaches are responsible for the conduct of his players and team officials during practices, games and team functions.
14. Being under the influence of alcohol or illegal drugs during games or practices will be tolerated and could result in disciplinary action.
15. All team officials must wear a helmet when on the ice for any M.M.H.A. event (practice, clinics etc.) including out of town arenas.

12.06 Guideline For Managers

1. No smoking products (including vaping and e-cigarettes) or offensive language on the ice, in the box, or dressing room.
2. Managers are responsible for helping the coach enforce the team's team's rules, discipline, and behavior.

3. At the season's commencement, managers are to obtain the game schedule and practice times from the Ice Convener.
4. Managers must become thoroughly acquainted with league and association rules and regulations.
5. Managers are to learn proper procedures for filling out game sheets, etc.
6. Managers are to arrange for a meeting before the season starts to go over the objectives, goals, conduct codes, and expectations for the season.
7. Managers must notify the players of practice times and locations. Give players as much notice as possible.
8. Managers are to schedule the Team Jobs for the season.
9. All communication (i.e., Practice times, exhibition games, etc.) should come from the Manager.
10. Managers are required to attend scheduling meetings with S.T.E.P.
11. Managers are to arrange for exhibition games both at home and away and obtain all necessary sanctions.
12. Managers are to arrange for tournaments – along with coaches and parents.
13. Managers are to have their roster or team sheets with them at all times.
14. Managers are to utilize their given ice times and report to the Ice Convener immediately if the team cannot use the allotted time so that there is sufficient time to provide ice to another team. Teams are responsible to the League first. If practice or game is canceled, give 48 hours notice if possible.
15. Familiarize yourself with the M.M.H.A. Constitution.
16. Managers are to help provide a fun atmosphere for the players.
17. Ensure the winning team sends in all game sheets within twenty-four (24) hours after the game. Failure to do so will result in points forfeited or possible disciplinary action.
18. The use of illegal drugs could result in a suspension for a minimum of one (1) year.
19. Managers are to compile a directory of players' names, addresses, telephone, medical insurance numbers, and parents' names. Note any medical problems.
20. Managers are to get all the coaches, parents, and players to sign the appropriate documents at the beginning of the year.
21. Managers are to remind all new bench staff to hand in their Criminal Record Checks to the registrar.
22. Managers are to make sure volunteers are held accountable for performing their responsibilities throughout the year

